



ACTIVITY CHOICES - Please choose ONE for Monday (in Blue) and ONE for Thursday (in Black) if you are staying.

All conference attendees can participate in one of our scheduled activities on Monday, September 8th. We would appreciate it if you confirm activities for all attendees prior to registering, as it is important for us to have correct counts. Changes will only be available on a case-by-case basis, as many activities may fill up.



CAPTAIN ANDY'S NA PALI COAST SAILING ADVENTURE

Departs: NOON , Returns: 5pm

Cruise, have fun and take in the beauty of the Na Pali coast - showcasing the second highest sheer sea cliffs in the world, an area inaccessible by car. We'll sail along the Na Pali as the afternoon sun paints rich colors and often creates vibrant rainbows. Equally rich is the history of the Hawaiian people who once inhabited these remote valleys. When conditions are right, Captains will race downwind, spinnakers flying, surf swells, sails tuned for maximum speed. You may encounter playful dolphins, humpback whales, sea turtles, or an occasional flying fish. Enjoy a deli lunch, "Sneaky Teaky", Beer, Wine or soft drinks as you relax on this spectacular sail. High quality snorkel gear provided.



ULTIMATE HELICOPTER ADVENTURE

Departs: Various times throughout Day, (6 people per ride)
Restrictions: 250 lbs maximum weight, or requires a second seat

This 55-60 Minutes Circle Island tour features highlights of Waimea Canyon -dubbed "the Grand Canyon of the Pacific," by Mark Twain. You'll also fly over the Na Pali coast, the 2nd highest sea cliffs in the world, Mt Waialeale-the wettest spot on earth with over 400 inches of rain a year and Wailua Falls, made famous in the opening scenes of "Fantasy Island." This is truly the best way to see Kauai. You won't want to forget your

camera as you will see Kauai from a different perspective, affording you an unforgettable view of paradise like no other. Lunch voucher will be provided.



WAIMEA CANYON TOUR

Departs: 12:00pm, Returns: 5:00pm

Join us in an air conditioned motor coach as we view the beautiful Waimea Canyon, which was nicknamed the Grand Canyon of the Pacific by Mark Twain. The canyon measures 10 miles long 1 1/2 mile wide and more than 3,500 feet deep, The lines along the

canyon's walls indicates the different volcanic eruptions and lava flows that have occurred over the centuries to create the beautiful island of Kauai. The numerous lookouts offer terrific views of every aspect of this natural wonder. Stops on this tour include Hanapepe Lookout and the Spouting Horn. You will have an opportunity to shop for Hawaiian-made gifts and artwork along the way Boxed Lunch provided.



KIPU RANCH ADVENTURES - ATV WATERFALL PICNIC TOUR

Departs: 11:30am, Returns 4:30pm

Restrictions: Children under 12 not permitted; VERY LIMITED AVAILABILITY

The waterfall tour is perfect for those looking for more challenging terrain as well as the adventure of hiking to and swimming in our private, spring fed waterfall. This tour has some of the more challenging terrain and incredible diversity in views. There some short hikes up and down steep uneven

ground to get to the falls, so you should be in reasonably good shape for this tour. You will see some of Kauai's movie locations, beautiful views, Hawaiian wildlife and historical sites. This is a great camera adventure that you will always remember.



MOUNTAIN TUBING ADVENTURE

Departs: 11:30am, Returns 4pm

Restrictions: Children under 12 not permitted; VERY LIMITED AVAILABILITY

Traverse Lihue's old sugar plantation into Kauai's pristine emerald green interiors and enjoy breathtaking vistas and spectacular scenery. Learn about the plantation era, local culture, tropical plant and animal life as you journey to the start of your Tubing adventure. Then hop in your tube and enjoy lush scenery as you float down a historic waterway. The open channels, flumes and amazing tunnels were hand-built circa 1870 by plantation workers. Each tunnel is unique and magical, especially when you and your group turn on your head lamps to view these engineering wonders. After a

leisurely float, enjoy a refreshing dip in a natural mountain stream and a delicious picnic lunch. An unforgettable adventure!



GOLF AT POIPU BAY GOLF COURSE, Home of the PGA Grand Slam, 1994-2006

Walk to the course!: Tee off at NOON

Here, nature and renowned designer Robert Trent Jones Jr. have conspired to create a stunning venue for golfers of all abilities. A unique and unforgettable golf experience awaits you! This outstanding course is backed by lush

emerald mountains and sculpted from a rolling plateau eight stories above the Pacific Ocean. Nestled among the gentle contours of Poipu Bay you'll discover the remains of Hawaiian *heiau* (places of worship) and ancient stone walls. If this weren't challenge enough, Mother Nature presents you with one distraction after another. From native *nene* geese and rare Hawaiian monk seals to green sea turtles and humpback whales, you'll have lots of wild excuses to back your scorecard. Even the most focused golfer will be challenged by the breathtaking views. Boxed Lunch will be provided.



ANARA SPA MASSAGE OR FACIAL

Appointments at various times throughout the day

Delight in the innovative Kauai spa treatments, integrating Hawaiian culture, nature's healing powers and a therapist's nurturing touch.

Anara's intimate Houlu Kau'i – outdoor village – provide unmatched natural venues for soothing treatments in the fresh air. Private lava

rock showers, steam grottos and indoor / outdoor wellness areas complete the tranquil setting of our Kauai day spa. Enjoy a one hour massage or facial as you relax in this beautiful, tropical setting while taking advantage of all the facilities at this world-renown spa. Lunch voucher will be provided.

THURSDAY ACTIVITIES IN PRINCEVILLE: *The following are activities included with your registration for those staying for our Optional Additional Day. There are various departure times depending on the activity. All activities will finish in the early afternoon and guests will be joining franchisees Steve and Julie Larson at their spectacular bluffside Ocean View estate near Princeville for a poolside reception until approximately 5pm. Buses will then return to the hotel by 6pm, leaving your evening free for dinner.*



Zip 'N Dip Expedition with Picnic Lunch

Imagine yourself soaring like a bird over breathtaking valleys on pristine Princeville Ranch. The Zip n' Dip Expedition is an incredible adventure blending eight picturesque zipline crossings, a suspension bridge, and a stop at an idyllic waterfall swimming hole for lunch and fun! Clip in and soar like a bird over breathtaking valleys and streams as you embark on a series of 8 zipline crossings. Walk through the tree tops and over a waterfall on a suspension bridge. After a short walk arrive at our hidden treasure:

an idyllic deep waterfall swimming pool. Here lunch is served while you swim, jump or just float around on inner tubes. This one-of-a-kind adventure combines the thrill of sailing through the air while getting a bird's eye view of a Hawaiian jungle paradise.

AGE/PHYSICAL CONDITION:

80–280 lbs.; good physical condition with NO recent injury or surgery to feet, ankles, knees, hips or back. No expectant mothers.



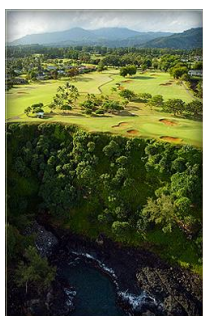
Princeville Ranch Horseback Adventure with Waterfall Swim & Picnic Lunch

Have an unforgettable horseback experience on a 2500 acre working cattle ranch, one of Hawai'i's oldest. Your hosts are a 5th generation island family. Their knowledgeable staff share local history, culture, and horsemanship as you ride top quality trail horses and bask in the special features only Princeville Ranch and Kaua'i's spectacular North shore can offer. Cross ranch pastures with breathtaking panoramic views of mountains and ocean. After you tie-up your horse, your adventure continues with a short 10- to 15-minute hike down a steep trail with steps and handholds, through a tropical forest

with views of a lush valley and sounds of cascading falls. You will be awed by the power of our fern-lined 80-foot waterfall and the peacefulness of the setting. Take a refreshing dip in the waterfall pool, where you can explore the views on ledges behind the falls or simply float to your heart's content. Savor the flavors of our delicious picnic lunch.

AGE/PHYSICAL CONDITION:

Weight and height restrictions apply. Maximum weight is 230 pounds. Must be ages 8 and above to ride. Children under age 14 must be accompanied by an adult. Children under 18 must have written consent from a parent. Riding double on one horse is not allowed.



Golf the Makai Golf Course at Princeville at Hanalei.

One of the most spectacular golf courses in the world, the Makai Golf Course was designed by master Golf Course architect, Robert Trent Jones, Jr. and consists of 3 separate 9-Hole Golf Courses: Ocean, Woods, and Lakes. This championship course boasts awesome views and challenging holes. The Makai Clubhouse acts as a hub of a wheel with three courses as its spokes. The Ocean Nine wanders to the seacoast and back, offering sweeping views of the blue Pacific. The Lakes Nine heads out in the opposite direction and works its way back to the ocean and cliffs. The Woods, the inland nine, features rock garden style bunkers and views of the mountains with towering waterfalls. Played individually or in combination, these three nines offer something for everyone. All 3 Golf Courses provide Golfers of all skill levels with challenge and variety from intriguing shots to large, lightly contoured greens and the

breathtaking coastline with the ocean far below on the Ocean Nine's famous seventh hole. Enjoy our additional activity day at one of "America's Top 100 Golf Courses," a masterpiece of design in a majestic setting. The Makai is ranked "Seventh Best Golf Course in the State of Hawaii by Golf Digest.



North Shore Tour of Princeville and Hanalei

Spend a day of adventure with North Shore Tour and let us give you the ultimate tour of Kauai in style. We begin the tour by viewing the Sleeping Giant -Kauai's most famous mountain profile. We explore the famous Opaekaa Falls and Poliahu heiau in Wailua. You will see Anini Beach, explore the Kilauea Lighthouse and nearby National Wildlife refuge and bird sanctuary, (entrance fees included). You will visit the Princeville Resort area, Hanalei Valley Lookout and Hanalei Bay, one of the most beautiful areas in the world. And then on to the magnificent North shore and Hanalei town, to Haena's Wet and Dry Caves. Our tour will also include a trip

to the Limahuli Garden. Backdropped by towering peaks sculpted by eons of wind and rain, you will tour lush 17 acres of garden and rain forest which allow you visions of natural beauty and intriguing Hawaiian culture. Walk the land where taro still thrives on ancient lava rock terraces. On the return, we will stop for a No Host Lunch and shopping in Hanalei Town.



Spend the Day at Princeville Hotel

The Princeville Hotel is regarded as one of the most beautiful Hotels in all of Hawaii, with its spectacular views of Hanalei Bay and the lush green Sea Cliffs towering above in the distance. See dozens of waterfalls if it has rained in the recent past and if you look carefully, you might even catch a glimpse of Puff, the Magic Dragon! Spend the day at the Princeville Hotel's gorgeous pool,

relaxing on their beach, or shopping in one of the exclusive shops located in the Hotel. Enjoy a Mai Tai at the swim-up bar, or on the terrace overlooking Bali Hai. A lunch voucher will be provided for you to eat at Café Hanalei, with breathtaking views of Hanalei Bay and a mouth-watering menu or at the Beach Restaurant and Pool Bar where you will enjoy your food while relaxing by the pool or on the beach. Snorkel gear is available to use and there are tropical fish in abundance just a few yards from shore. Watch the surfers enjoy the waves in the best Bay on the island! Relax at the Princeville Hotel ~ experience a different side of Kauai!